



SERIOUS INJURY TREATMENT PROGRAM

**Serious Injury
Needs
Serious Experience.**

To start receiving care from us:

Call in and we will obtain all the necessary information to get started.

OR

Visit our website to download our Referral Form. Once completed,
fax it or email it to referral@skillbuildersrehab.com



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Barrie • Muskoka • North GTA • Orangeville • Owen Sound





Serious Injury Treatment Program

Who is appropriate for this program?

- ✓ When life changes because of a serious accident.
- ✓ If complex injuries such as brain damage, spinal cord conditions, amputations or major orthopaedic conditions have been sustained.
- ✓ You are in need of experienced professionals to help in the rehabilitation process.

When a life changing event happens, it is important to have an experienced team with established resources dedicated to maximizing individual recovery. Skill Builders Physiotherapy & Rehabilitation Centre has been assisting clients with complex injuries work to regain independence since 1996. As professionals, our therapists understand the range of emotions, physical and psychosocial barriers that are all part of the healing process.

Why Choose Skill Builders?

Because we *Get Results!* Rehabilitation is a process. Our reputation is built on listening, understanding client needs and working hard to maximize individual recovery. Working with a highly skilled team offers the best recovery options combined with an established pool of resources to draw from.

Our therapists:

- ✓ Assess clients in a hospital setting, in home environments, and in our facility.
- ✓ Provide one-on-one treatment sessions working together to set attainable goals.
- ✓ Communicate proficiently with clients, families, case managers, lawyers and other professionals.
- ✓ Are committed to delivering a quality service to all clients and professionals.
- ✓ Are dedicated to help each individual maximize their recovery.
- ✓ Know how to effectively navigate through the insurance process.

Everyone's response to treatment is different and only time and hard work will determine each individuals end results. Our team is readily available to start the recovery process.

How Do Occupational Therapists (OTs) Help?

Known for their great abilities to problem solve, occupational therapists work to retrain skills and to help develop strategies to address difficulties. Our OTs are ready to meet clients upon discharge (or just prior to) to begin assessing what their needs will be for optimal recovery.

Areas to be addressed may include:

- Home modifications
- Activities of daily living (eating, bathing, dressing, toileting)
- Vehicle modifications or driver rehabilitation
- Adaptive equipment or wheelchair needs
- Cognitive rehabilitation
- Return to work or leisure activities
- Attendant care requirements
- Upper extremity rehabilitation
- Life care planning

How Do Physiotherapists (PTs) Help?

Our physiotherapists are highly trained experts in terms of body mechanics. Physiotherapy addresses decreased movement, coordination and pain. Following a serious injury, our PTs will assess and develop goal oriented treatment plans. Response to treatment will vary based on the individual and their level of injury.

Areas to be addressed may include:

- Strengthening and flexibility of movement
- Improved balance
- Increased mobility (transfers, walking)
- Improved functional abilities
- Coordination
- Pain reduction